

Welcome to the **Electromagnetic field (EMF) SHORT COURSE**

NEW! Also: special *designed-on-demand* **Tutorial & Upgrades opportunities**

Ottawa Saturday & Sunday, November 21 – 22, 2015 (9am–5pm)

Learn how to conduct **do it yourself** surveys. / How to interpret what you monitor.
What to do about **SMART** electricity and water meter, cellphone, pad concerns?
Make riskless & safe where you stay (sleep, work, study, play and relax),
Do your exposures affect your health – how and why? Indicators: memory & fatigue, pains,
skin issues & environmental sensitivity. **Questions and answers...**

Dr. Andrew Michrowski, Instructor

Politecnico di Milano, Architecture, Urbanism & Regional Planning, with engineering & sciences (Dott. Arch., with honours). Served with **Indian & Northern Affairs** as Chief Planner, and with **Secretary of State** as forecaster, policy analyst and program evaluator, including EMF issues. Authored: *Solutions to the global environmental crisis*; *EM dimension of indoor environments* (Indoor Air conference); Edited/co-edited: *Basis of Electromagnetic Hygiene*, *ELF Primer*. Scientific advisor **NOVA** series, TV specials and award-winning documentaries. Headed Canadian EMF in housing study for **Canada Mortgage and Housing Corporation** team. Consumer reports, EMF shielding, electric & hybrid car, and protective testing, safe housing guideline development. Briefs at **United Nations**, Geneva & New York, **Royal Society of Canada**. Legal EMF issues expert witness, expropriation assessment reports.

Michael Lizotte, Master Electrician, Invited Presenter

Western Ontario Institute of Technology Chemical Engineering. Other training and experience: Metallurgy, Ultrasound, Maintenance Engineering, Nutrition, EMF. Electrical Contractor. Consultation for **Underwriters Laboratory** (ULC): updating standard standards of fire alarms. Since the mid-1990s: electromagnetic field assessments and troubleshooting in residences and in institutional facilities. Support and remedial work for Baubiology consultants.



Registration by Saturday, November 14th, 2015

Limited space for optimal training to small group. Information package available.

Workshop fee: \$ 325 + HST (minus \$20 /person, 2 + persons). **Tutorial & Upgrade: timing & costs on demand.**

Advanced registration & payment Special \$ 295 + HST by Saturday November 7th 2015

Workshop Registration:

* First Name _____
* Last Name _____
* Address _____
* City _____ *Prov. _____ * Code _____
* Email Address _____
* Phone Number _____ Fax _____
* Credit Card # _____
Name on card _____
VISA / MasterCard Expiration date _____

ESSENTIA

100 Bronson Avenue, Suite 1001
OTTAWA, Ontario K1R 6G8
(613) 238-4437, fax: (613) 235-5876
essentia@essentia.ca / www.essentia.ca

For further information on this event,
or to pay with **VISA** or **MasterCard**,

Phone toll-free: **(888) 639-7730**

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Dr. Andrew Michrowski and Michael Lizotte, Instructors

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Who can benefit: RESPONSIBLE LAYPERSONS willing to improve their lifestyle – and health practitioners, architects, engineers, electricians, inspectors.



Electromagnetic spectrum/frequency & mode-associated bioeffects: electric, magnetic, thermal / non-thermal, linear/non-linear effects, etc. ;

Symptoms and Guidelines & exposure hygiene: who, where, when, how, why;

Transmission & exposure situations: including magnification and reduction;

Wiring: code, grounding, typical problems / inexpensive solutions, tracing;

Measuring equipment: electrical, electrostatics / ions, magnetic, static magnetic fields; RF & MW, ammeter, electrical resistivity;

How to survey, do-it-yourself solutions protocol and procedure;

Geomagnetism; hypersensitivity; medication interfaces; personal protection devices & shielding – what to expect, rationale; **Corrosion & safe-driving issues** associated with existing and emerging wireless technologies. **Jurisprudence developments. Setting-up locally, networking beyond.**

\$325 + HST for weekend **Short Course** / Registration by Saturday, **November 14th, 2015**

Early registration: \$295 + HST by Saturday **November 7th, 2015**

Reduction for 2 + persons: minus \$20 /person. **Tutorial & Upgrades opportunities:** inquire for timing & costs.

For more information: **Monique** (613) 238-4437 / (888) 639-7730.